

Share Your Voice

Have you had experiences with the mental health system and hospitalization?

We are a group of researchers and community collaborators who are interested in learning more about people's experiences related to mental health, hospitalization and the Mental Health Act, such as, **involuntary detention & treatment**, use of **restraints** or **seclusion**

We would also like to hear about stigmatizing and discriminatory practices in mental health based on experiences of colonization, racism, sexism, heterosexism, anti-transgender, ageism, poverty and homelessness. These conversations will be led by a Peer Researcher who shares these experiences.

Are you Eligible?

 You are 18 or older



 You have used mental health services and experienced some of the issues described above



Participants invited to:

 Focus Group

- 2 hours
- Virtual or In-person
- Audio recorded
- 5-6 other people

 Share your stories

 Help improve mental health services

 Attend a research exchange event for sharing of results

Participants receive:

 **\$50** for Participation

 Snacks & Refreshments

Interested?

Contact Abe Joseph and Anita David at: rhrs@yorku.ca

This research supports an international research project (Canada, Kenya, and Australia) that is aiming to develop mental health services that enhance human rights and equity

Health & Safety

**In order to ensure everyone's comfort and safety we ask that you wear a mask during the in person focus group.

This research has been approved by the Research Ethics Board of York University and the University of British Columbia, Canada; the Research Ethics Boards of La Trobe University and University of Melbourne, Australia and Maseno University in Kenya. To learn about the researchers and collaborators on this project and to receive project updates see our website www.socialjusticeinmentalhealth.org.