

# **Share Your Voice**

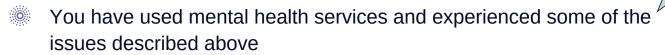
# Have you had experiences with the mental health system and hospitalization?

We are a group of researchers and community collaborators who are interested in learning more about people's experiences related to mental health, hospitalization and the Mental Health Act, such as, **involuntary detainment** & **treatment**, use of **restraints** or **seclusion** 

We would also like to hear about stigmatizing and discriminatory practices in mental health based on experiences of colonization, racism, sexism, heterosexism, anti-transgender, ageism, poverty and homelessness. These conversations will be led by a Peer Researcher who shares these experiences.

## Are you Eligible?





#### **Participants invited to:**

- Focus Group
  - 2 hours
  - Virtual or In-person
  - · Audio recorded
  - 5-6 other people
- Share your stories
- Help improve mental health services
- Attend a research exchange event for sharing of results

### Interested?

Contact Abe Joseph and Anita David at: <a href="mailto:rhrsj@yorku.ca">rhrsj@yorku.ca</a>

This research supports an international research project (Canada, Kenya, and Australia) that is aiming to develop mental health services that enhance human rights and equity

#### Health & Safety

\*\*In order to ensure everyone's comfort and safety we ask that you wear a mask during the in person focus group.

#### **Participants receive:**

**\$50** for Participation

Snacks & Refreshments

