

**Graduate Researcher:**

Phil Gosse

Department of Special Education

phil.gosse@my.viu.ca

**Graduate Supervisor:**

Lila Boulet

Faculty of Education

Lila.Boulet@viu.ca



**VANCOUVER ISLAND  
UNIVERSITY**

## **Parent Perspectives on the Transition to Adulthood for Individuals with Intellectual Disabilities (ID): Challenges, Advocacy, Possibilities**

Are you a parent or guardian of a young person (aged 16–22) with an intellectual disability (ID)?

You are invited to participate in a student led research study about the parents/guardians' experience navigating the transition to adulthood (TTA) process for their children with intellectual disabilities (ID) in British Columbia. The objective of this study is to examine the TTA system for students with IDs and their families, identifying both the barriers that may hinder successful transitions and the supports that can promote positive outcomes, with particular attention to parents' experiences. Your participation will help us in identifying both strengths and challenges within the TTA process and generating insights that may inform practices and policies aimed at fostering more effective transition preparation and positive family experiences.

Participation involves a confidential online survey. Your insights can help inform better planning and support for families in the future. Participation is voluntary, and all information shared will remain confidential.

If you are a parent of a child with an intellectual disability living in British Columbia between the ages of sixteen and twenty-two and are interested in participating in this study, please scan the QR code below and submit the survey by May 30th, 2026. The proposed submission date for this thesis study is justified by the scope of the research design, the anticipated timeline for data collection, and the requirements for rigorous qualitative analysis. Please scan the recruitment information QR code to see a detailed summary of the study, the inclusion criteria, and contact information before starting the survey.

If you have any concerns about your rights as a research participant and/or your experiences while participating in this study, please contact the VIU Research Ethics Board.

Ethics ID: 103780  
Email: reb@viu.ca.

**Recruitment Information**



**Transition to Adulthood (TTA)  
Survey**

